

1	Mental Health Awareness
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2	Children's Mental Health
3	Mental Capacity Act
4	Workplace Mental Health
5	Mental Health Act
6	Mental Health in Schools
R.R.P	£100.00

1	Mental Health Awareness
1	What is mental health?
2	Risk factors
3	Mental health care and the problems people face
4	Social attitudes to mental illness
5	Legislation in relation to mental illness

4	Workplace Mental Health
1	Introduction to health and well-being in the workplace
2	Types of mental ill health
3	Social well-being
4	Accessing support
5	Making reasonable adjustments
6	Health and safety
7	Healthy lifestyles

2	Children's Mental Health
1	Introduction to mental health in children
2	Understanding child development
3	Mental health problems
4	Associated problems
5	Promoting positive mental health

5	Mental Health Act
1	Introduction to the Mental Health Act 1983
2	The mental health act code of practice guiding principles
3	How the Mental Health Act sections are used?
4	Professional roles under the mental health act
5	Electro Convulsive Therapy (ECT)
6	Supervised Community Treatment
7	Mental Health Tribunals

3	Mental Capacity Act
1	Legislation
2	The five key principles
3	Assessing capacity
4	Making decisions in the best interest of the individual
5	Disagreements and legal powers

6	Mental Health in Schools
1	Introduction to mental health and well-being in schools
2	Types of mental health issues in children and young children
3	Recognising signs of mental illness in children and young people
4	Promoting positive mental health
5	Survival in the classroom
6	Additional support
7	Healthy lifestyles