

**Leadership and Management** 

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1	Unit 1: Understanding Leadership
2	Unit 2: Mental Health in the Workplace
3	Unit 3: Understand how to Motivate a Team
4	Unit 4: Recruitment and Selection
5	Unit 5: Solving Problems and Making Decisions
6	Unit 6: How to Establish a Team
7	Unit 7: Training and Coaching in the Workplace
R.R.P	£999.00
1 U	nit 1: Understanding Leadership
1	Understanding leadership styles
2	Understand leadership qualities and review own leadership qualities and potential
2 U	nit 2: Mental Health in the Workplace
1	Understand why Mental Health matters in the workplace
2	Understand the spectrum of Mental Health
3	Know how to identify signs of distress in the workplace
3 U	nit 3: Understand how to Motivate a Team
1	Understand the factors that influence motivation levels in the workplace
2	Understand how a theory of motivation can be used to improve performance levels
4 U	nit 4: Recruitment and Selection
1	Know how to plan to recruit and select new staff in the workplace
2	Know how to select the right person
5 U	nit 5: Solving Problems and Making Decisions
1	Know how to describe a problem, its nature, scope and impact

2	Know how to gather and interpret inform
3	Know how to evaluate options to make

rmation to solve a problem

a decision

Know how to plan, monitor and review the implementation and communication of decisions

## Unit 6: How to Establish a Team

Understand how to develop and maintain effective working relationships

Understand how to build a team

## Unit 7: Training and Coaching in the Workplace

Understand how to provide training appropriate to the workplace

2 Understand how to coach an individual in an organisation